

Critical Incident Stress Management Provisions

The Nebraska Statewide Critical Incident Stress Management (CISM) Program was authorized by the Nebraska Unicameral under provisions of [Nebraska Critical Incident Stress Management Act](#). CISM provides a system of support services for emergency responders, hospital and correctional personnel throughout the state. Specially trained team members assist emergency service personnel with traumatic events and stressful aspects of their occupation.

The CISM team provides stress education and prevention programs before a stressful event occurs, serves as a resource and referral network for emergency personnel, and is incorporated into the Nebraska State Emergency Operations Plan.

The CISM program provides participants with tools to cope with the emotional and physical aftershocks of critical incidents. It isn't the function of the program to replace ongoing professional counseling or psychotherapy. CISM provides immediate crisis intervention.

Types of interventions include:

- Pre-incident education workshops
- Informal discussions
- Mental health referrals
- Defusing and demobilization (short debriefings for small and large-scale events)
- On-scene support
- Critical incident stress debriefings
- Specialty debriefings

Nebraska CISM Program serves:

- Law Enforcement
- Emergency Medical Services
- Hospitals
- Dispatchers
- Firefighters
- Corrections
- Emergency Management

For more information, contact:

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